



Hi and welcome to the Leicestershire Anti-bullying Team's Spring Term newsletter.

## National News...

### FREE Kidscape 'ZAP in Schools' Programme

Kidscape are the UK's longest running anti-bullying charity. They are offering schools the opportunity to take part in a free 'ZAP in Schools' programme, supporting children from a young age to recognise bullying behaviour, and have the skills to deal with it. For many years they have delivered their ZAP programme to children and families in the community and now want to reach many more children through their new ZAP in Schools programme.

This is delivered through a school assembly and 2 hour workshops aimed at children in years 5 and 6. Children who participate in the programme will:

- Understand what bullying behaviour is (including the difference between teasing, friendship fall-outs and bullying),
- Have a range of Kidscape ZAP tools to deal with bullying behaviour (e.g. understanding assertive behaviour, the power of voice and posture, fogging)
- Know who to ask for help if they or others are being bullied

If you would like to find out more please contact [Julie.smith@kidscape.org.uk](mailto:Julie.smith@kidscape.org.uk) or visit our website: <http://www.beyondbullying.com/>



### Loudmouth Education and Training

Loudmouth Education and Training is an innovative theatre in education company, which has delivered Personal, Social and Health Education (PSHE) since 1994 and has reached over 600,000 children, young people, professionals and parents.

Loudmouth currently offer two versions of their Bully4U programme. The first is aimed at ages 7-11 at KS2 level where they cover issues around bullying, emotional health and wellbeing and online safety/cyber bullying. The second version is aimed at ages 11+ and covers issues around bullying, resilience, online safety, homophobic bullying, sexual/sexist bullying (including sexting). Their website offers a breakdown of the key learning objectives that both programmes offer: <https://loudmouth.co.uk/>



## Local News...

### 'Everyone's Welcome' in Leicester/Leicestershire.

Over the past year, we have been very excited to be working with Leicester City Council on a pilot called 'No Outsiders'. We are now excited to be rolling this project out further across the city/county with the slightly different name 'Everyone's Welcome' and we hope to see more schools taking on the approach in their schools. You can find out more about No Outsiders here:

<http://www.equalitiesprimary.com/about-us.html> and further information about how Leicestershire schools can become involved will be on our website so please keep checking!  
[www.beyondbullying.com](http://www.beyondbullying.com)



### Stonewall Education Equality Index 2019

This year Leicestershire remained in the Stonewall Top five local authorities, moving up to 3rd in the 2019 Stonewall Education Equality Index. This is great recognition of all the work we do tackling homophobia, biphobia and transphobia in schools and supporting LGBT young people in their local communities.

### Childnet Film Competition 2019.

Open to all UK schools and youth organisations, Childnet's annual competition invites all young people aged 7-18 to take on the challenge of creating a short film about internet safety. All films must showcase positive and inspiring use of the internet and clearly reflect the chosen theme.

<https://www.childnet.com/resources/film-competition/2019>



Don't forget we have our own Leicestershire anti-bullying Twitter account [@BeyondLCC](https://twitter.com/BeyondLCC)

We try and follow as many Leicestershire schools as possible and encourage you to follow us back for up to date information, advice and training dates. We will also do our best to re-tweet good anti-bullying news stories so make sure you tag us!